

GOLD RUSH GHOSTS

HAUNTED RESTAURANT HAS TIES TO CALIFORNIA'S PIONEERING PAST

BY PAUL DALE ROBERTS, HALO PARANORMAL INVESTIGATIONS

I was tipped off about The Bank, a haunted bar and restaurant located in Sacramento, California. I received two messages on Facebook, from two different people, about the building. They both suggested that I investigate the building.

The first message was from Darlene. While dining at The Bank, she encountered a ghost that looked like a “snarly leprechaun.” The entity ran past her and vanished into a wall. She said it had a large nose and wrinkled face. The clothes that the leprechaun wore looked like rags, including a torn shirt and torn pants.

The second message I received was from a woman named Barbara from Modesto. She said that when she visited The Bank, she was poked in the ribs and her hair was stroked.

The Bank's History

The Bank is an old building. In fact, it was originally the D.O. Mills Bank Building, which was connected to the Gold Rush of 1849. D.O. Mills is Darius O. Mills, a prominent American banker and philanthropist. At the age of 22, he set sail from his native North Salem in New York for California. Yep, D.O. Mills was part of the Gold Rush.

He was business savvy and knew that there was more money to be made trading than in prospecting. His first venture was to buy a boatload of supplies to take up the San Joaquin River to sell to the gold miners. However, with the Gold Rush gaining momentum, it took only a few months until he realized there was a dire need for a bank to service the gold miners who came to town with pouches of gold dust and nuggets.

With his New York background in banking, D.O. Mills was ready to build his bank! The Bank became



The Bank bar and restaurant, located in Sacramento, California, is home to some unusual spirits, including a “snarly Leprechaun,” “the fisherman,” and a the “money demon.”

known as National Gold Bank of D. O. Mills and Company. In 1912, the building at 7th and “I” Streets was erected.

The Washington Fisherman

Psychic medium Deanna Jaxine Stinson and I decided to visit The Bank to see what she could pick up on. As soon as we walked into The Bank, Deanna picked up on the “snarly leprechaun.” She felt he was a little dwarf and he was a bit mischievous.

We talked with the bartender, and he said he has never picked up on anything paranormal but knows that some of the evening employees have mentioned some paranormal activity that they witnessed.

"This place is old, so it's possible," he said.

Deanna sat on one table and exclaimed, "I'm being touched; something is touching my shoulders!"

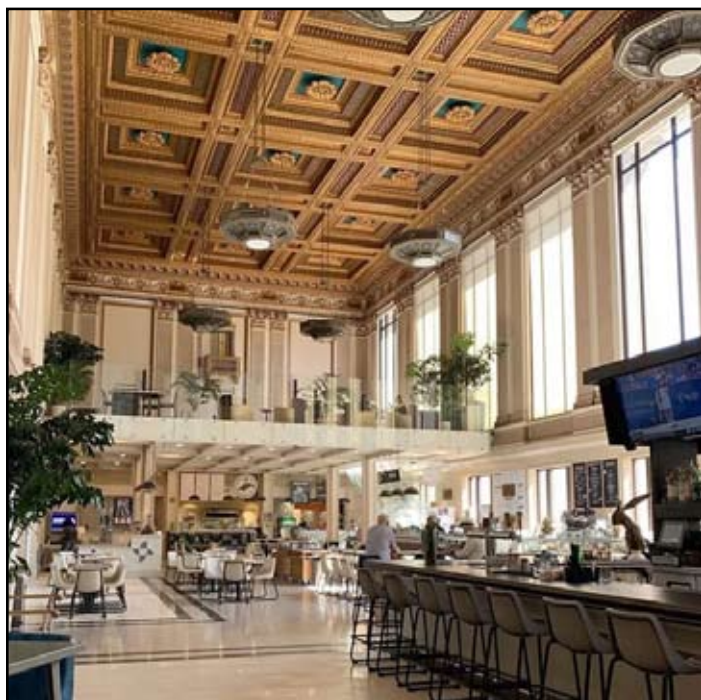
At that time, I got an EVP of a man that sounded like "wait here."

Deanna also encountered a ghost that I will call "The Washington Fisherman." She described the entity as wearing something like a fisherman's outfit and had the face of George Washington and curly hair. The Fisherman wandered around the hallway.

Money Demon

On the first floor, Deanna picked up on an entity that was all red, as it looked like he was made of lava. She felt the essence of this entity and said it appeared the entity was interested in money or gold. The spirit was hanging out on the first floor next to a rabbit figurine by the bar.

Deanna believed that the entities at The Bank were harmless. They felt as if The Bank was their home. And although she called the entity the Money Demon, she felt that it did not have bad intentions; it just looked scary. ♦



After being alerted to haunted happenings at The Bank by two people, Deanna and I set off to investigate. During our investigation, Deanna and I caught an EVP of a man that seemed to say, "Wait here." Deanna felt that all of the entities at The Bank were harmless.

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